



DR. SHRUTHI H.N.

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Address : Department of dermatology,
Civil hospital, Karwar institute of medical sciences, Karwar 58130.

Present Designation : Professor & HOD, Dept. of DVL, KRIMS, Karwar

Professional Qualification :

- ✓ MBBS : JSSMC, Mysore. Secured First Class in 1st yr, 2nd Yr, 3rd yr and Final Year MBBS with gross aggregate of 70%
- ✓ Post Graduation : DDVL : M S Ramiah Medical College, Bangalore 2008 -10 Secured First Class
- ✓ DNB: Scheiffelein Institute of Health and Leprosy Research Centre, Karigiri 2012 -2014
Underwent extensive training in Leprosy

Professional Career :

- ✓ CMC Vellore - Observer ship for 2 months in 2014

Residency :

- ✓ Junior Resident – MIMS, Mandya
- ✓ Senior Resident – PESIMSR, Kuppam SIMSRH, Tumkur

Assistant Professor:

- ✓ PESIMSR, Kuppam
- ✓ KRIMS, Karwar between 2017-2019

Associate Professor:

- ✓ KRIMS, Karwar from 2019-2023

Research Work

Publications:

1. Birudala R, Nagaraj H Shruthi. Over the counter medication: a study among dermatology out patients. Int J Res Dermatol 2019 August ; 5 (3), 607-610.
2. Hegdekatti V, Shruthi H. N. A study of changing geographical distribution of leprosy cases in a coastal district of Karnataka. Indian Journal of applied research 2018:6 (8).
3. Hegdekatti V, Shruthi H. N. A study of changing geographical distribution of HIV cases in a coastal district of Karnataka. Indian Journal of applied research 2018:5 (8).

4. Nagaraj R, Nagaraj SH. Topical steroids more abused than used! A cross-sectional study in the outpatient department of dermatology in a tertiary care centre in coastal Karnataka. International Journal of Research in Dermatology. 2019;6(1):57. doi:10.18203/issn.2455-4529.intjresdermatol20195674
5. H N Shruthi, Phatak AS. 1. Assessment of psychiatric co morbidity in patients with chronic dermatoses, in a tertiary care centre in coastal karnataka. Indian journal of applied research. 2021 Aug;11(8):62–4. doi:DOI : 10.36106/ijar
6. Kumarguru B, Shruthi H, Ramaswamy A, Kumar VS. Comparison of staining characteristics of Papanicolaou stain and may-grünwald-giemsa stain in Tzanck smear cytology. JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH. 2021; doi:10.7860/jcdr/2021/48711.15013
7. Shruthi H, Kumarguru B, Ramaswamy A, Shivakumar V. Role of tzanck smear cytology in dermatology: A clinicopathological study. Journal of clinical and diagnostic research. 2022; doi:10.7860/jcdr/2022/51006.15891.
8. Hari prasada AR, Shruthi HN, Phatak A. Prevalence of psychological distress and quality of life among people living with HIV/acquired immunodeficiency syndrome at tertiary health-care center in coastal Karnataka, institutional-based cross-sectional study. Clin Dermatol Rev 2022;6:103-8.

Additional Responsibility :

- Joint secretary of IADVL KN 2022-23
- President of Uttara Kannada Association of Dermatologist 2023-24
- Zonal Quiz master for IADVL-UG quiz – 5 years
- Member of IADVL-KN academy-2020-2022 AND PRESENT
- CC member of IADVL KN in 2019,2020,2021.
- EC member of IADVL KN 2018-19
- Co-Ordinator for YATHARTHA and KALIKE at IADVL-KN
- Member of Ethical and Research Committee at KRIMS, Karwar from 2018 till 2021
- Organizing secretary for the CME – “Insights Into Aesthetic Dermatology”
- Organizing secretary for “KARMEDIX – 2019” Medical exhibition at KRIMS, Karwar
- HOD for the Department of Dermatology since 2023.

Areas of interest

- Leprosy
- Clinical Dermatology
- Psychodermatology
- Cosmetology
- Community Dermatology
- Micro pigmentation